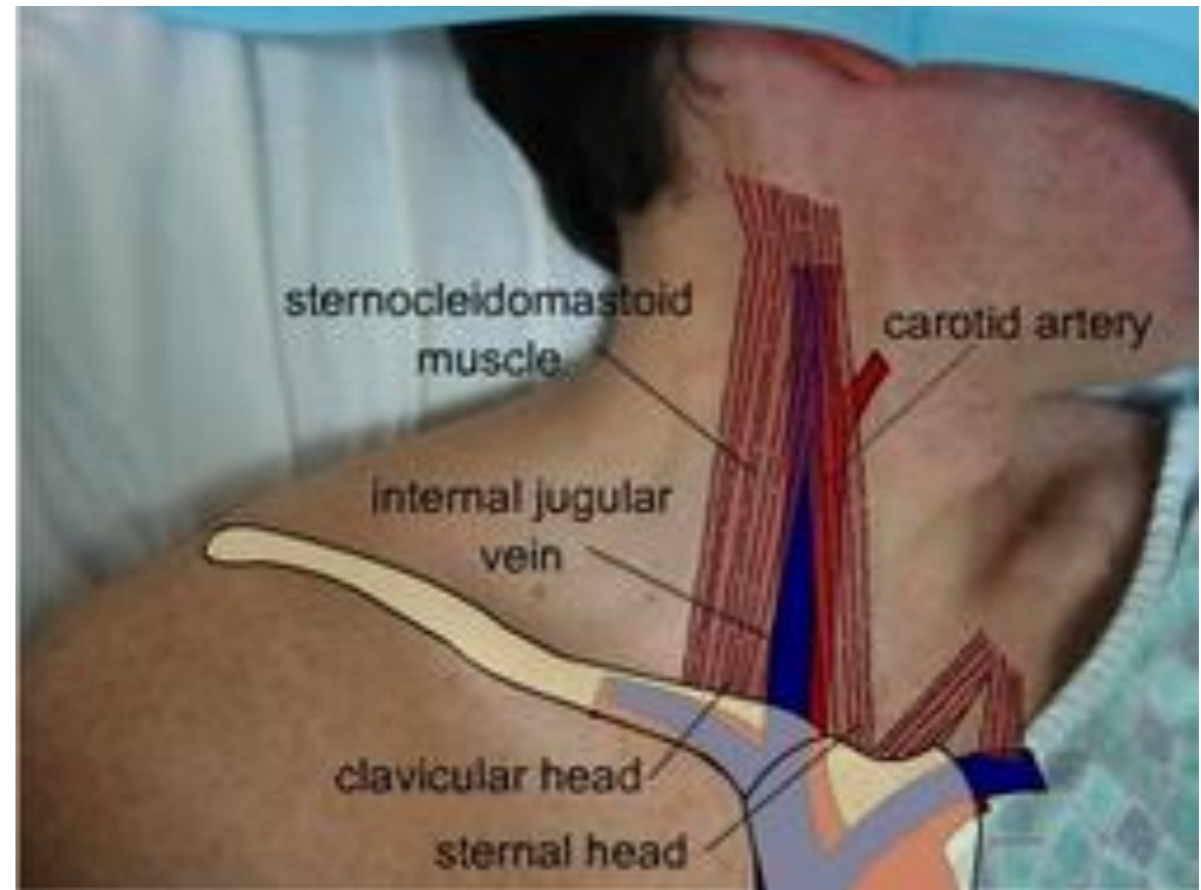
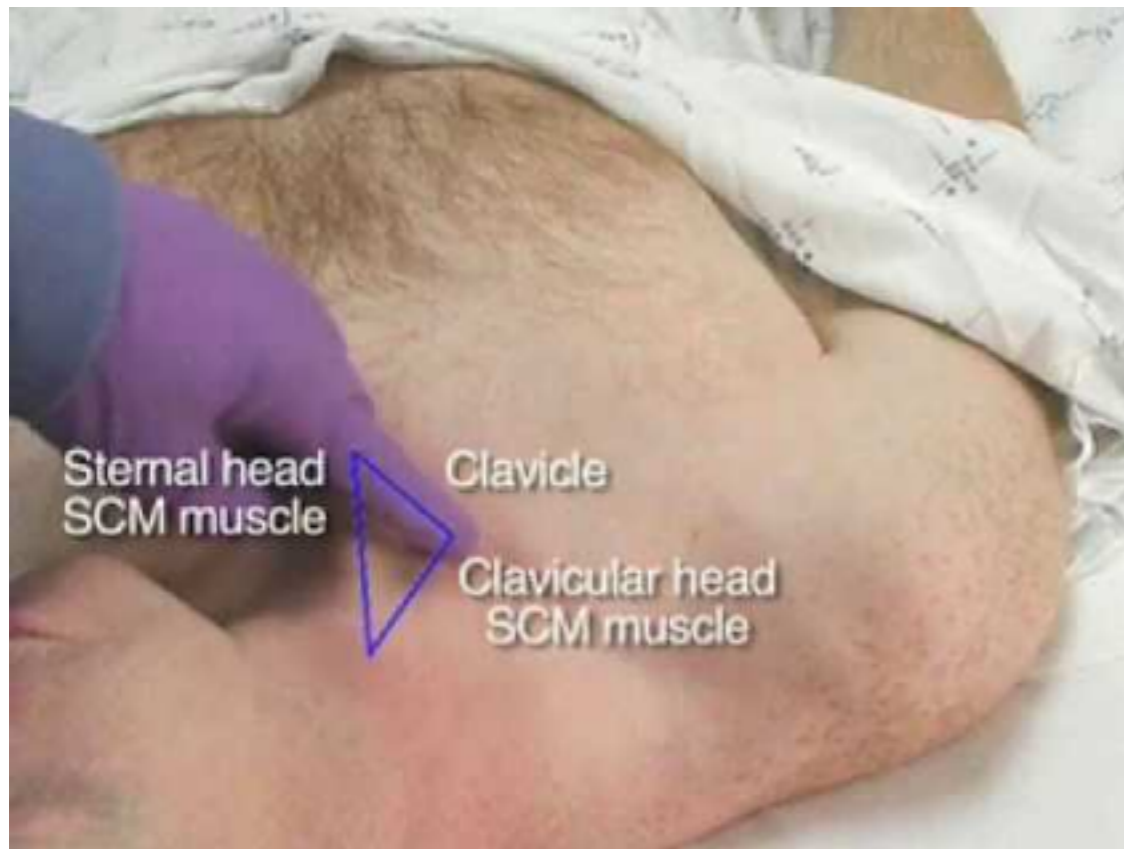
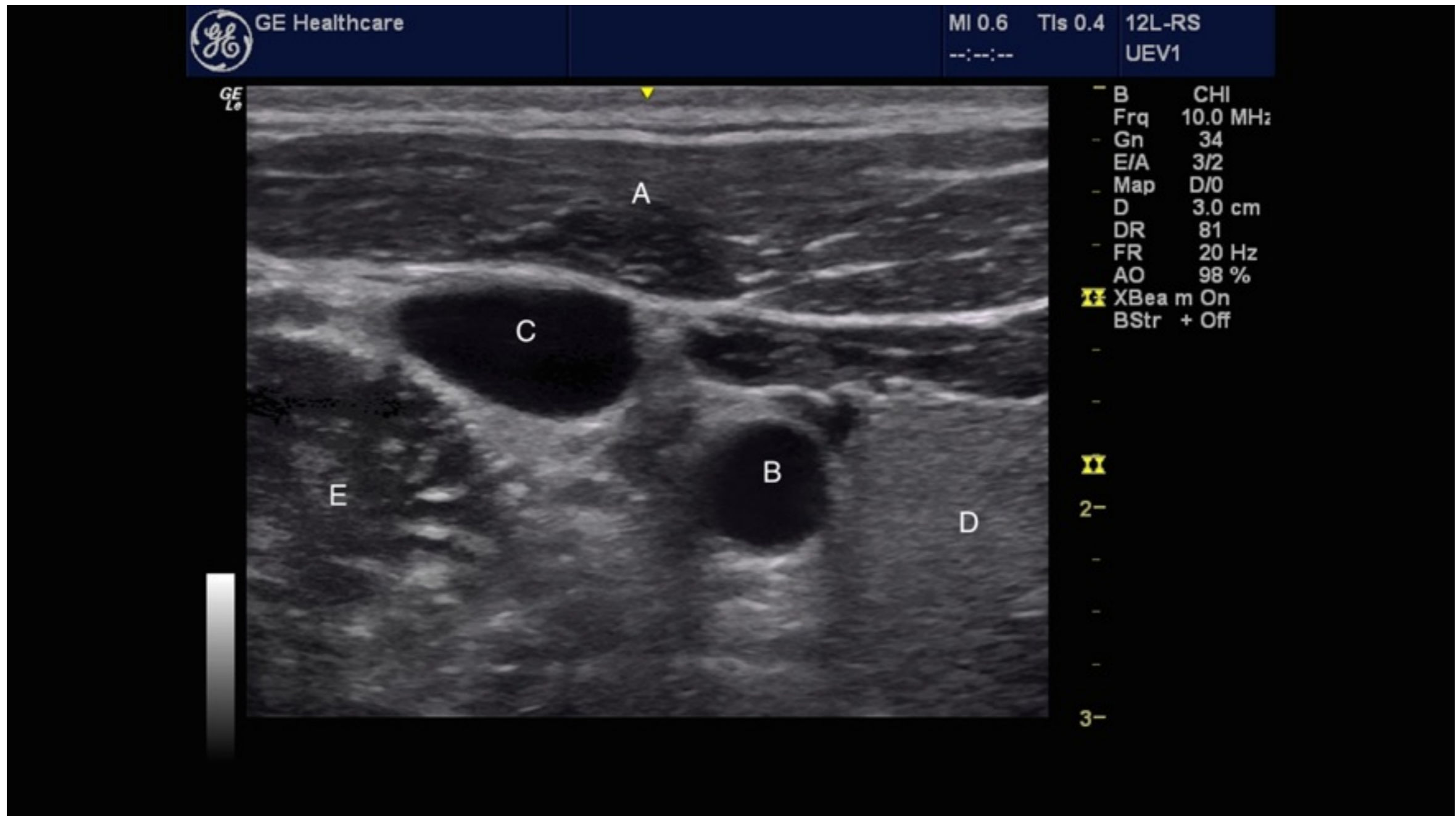


JVP

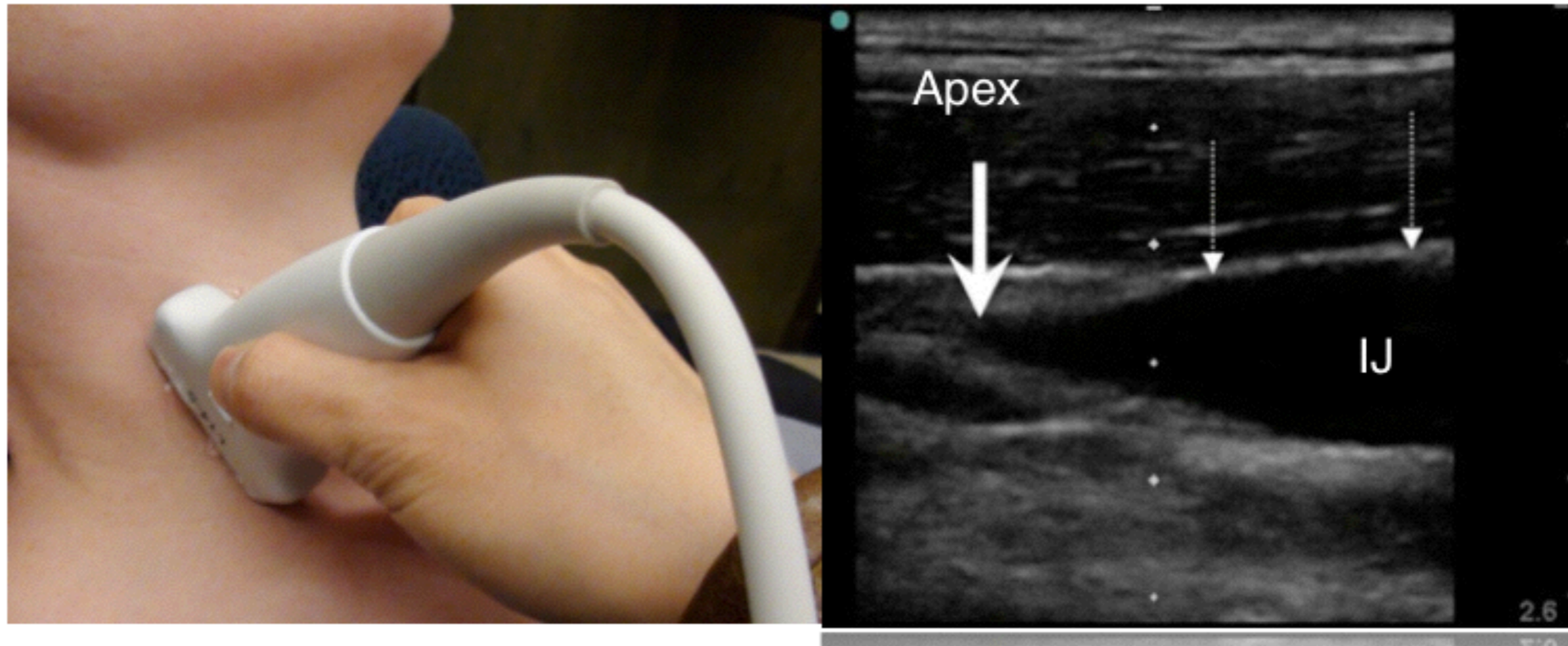
Transducer Placement



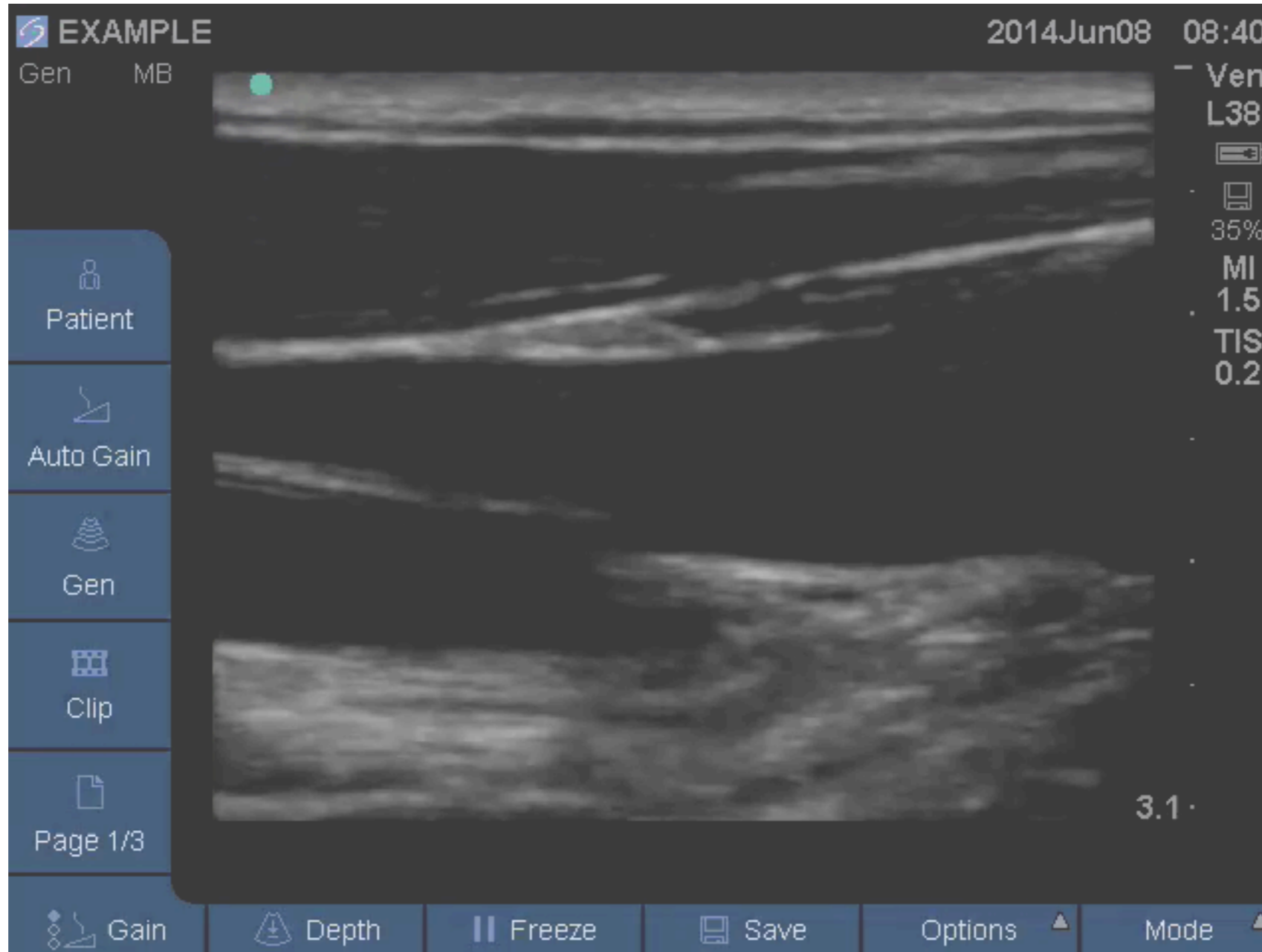
Anatomy



Point of Maximal Tenting



Long Axis



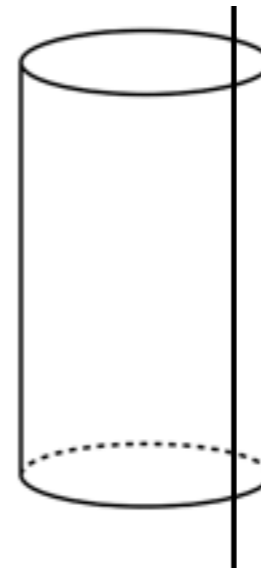
Pitfalls

- Too much pressure
- Foreshortening
- Sidewalling
- Wrong vessel
- Too much neck rotation



Foreshortening

- Incorrect axis resulting in foreshortening
- rotating the probe counter-clockwise will restore the correct axis



Sidewalling

- the beam is NOT aligned over the center of the vessel
- sliding the probe to the left will restore the correct alignment

The Evidence

- Several studies evaluating US assessment of JVP have been published
- Studies have looked at:
 - Height of US measured collapse of IJ in patients with presumed normal CVP
 - Correlation between US measured height of collapse of IJ and CVC measured CVP
 - Correlation between US measured height of collapse of IJ and visually estimated height of IJ
 - Correlation between diameter of JVP and CVC measured CVP

IJ Collapse Height in People with Normal CVP

- CJEM 2010;(12)4:320-4
- Single center prospective trial
- Inexperienced sonographers (med students)
- Adults presenting to ED with presumed normal CVP, n = 77
- Patients supine with head of bed at 45 degrees
- Height of IJ collapse measured during expiration at position where tapering of IJ started
 - also identified quadrant of neck (clavicle to jaw)
- IJ in long axis and confirmed in short axis

IJ Collapse Height in People with Normal CVP

- CJEM 2010;(12)4:320-4
- Vast majority were 0, 1 or 2cm above sternal angle
- mean ht was 6.35cm (5 cm + ht above sternal angle)
- 76/77 showed taper within 1st quadrant
- interrater reliability: $k = 0.87 - 1.00$

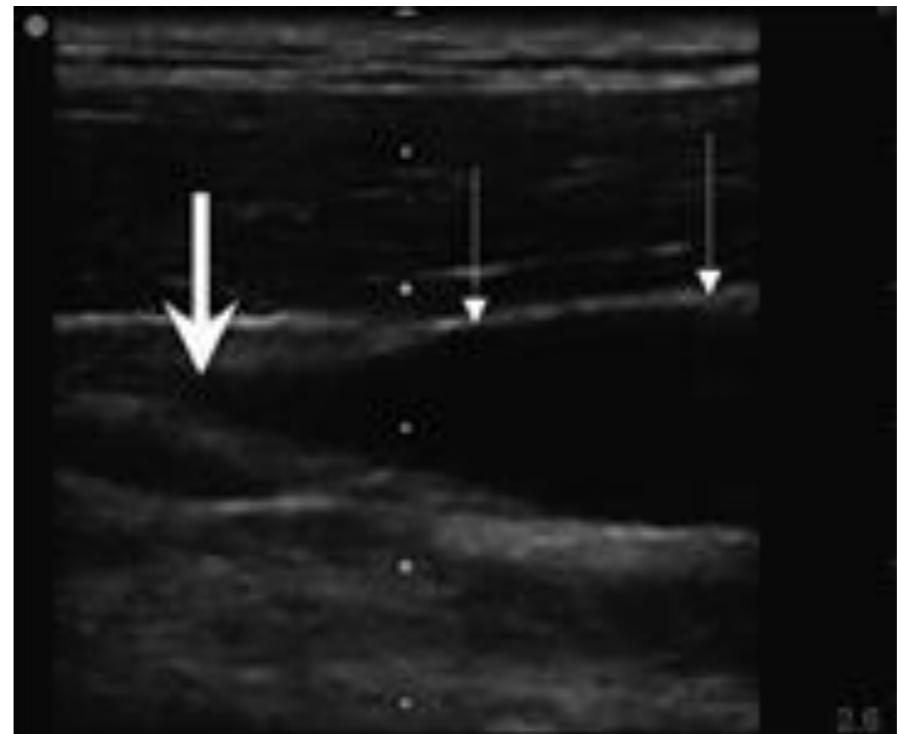
IJ Collapse and CVP

- Chest 2011;139: 95 - 100
- slide probe superiorly along jugular vein
- short or long or alternating depending on which is more helpful
- locate collapse point at end expiration
- apex of zone of collapse at end expiration is noted in long axis

IJ Collapse and CVP

Chest 2011;139:95-100

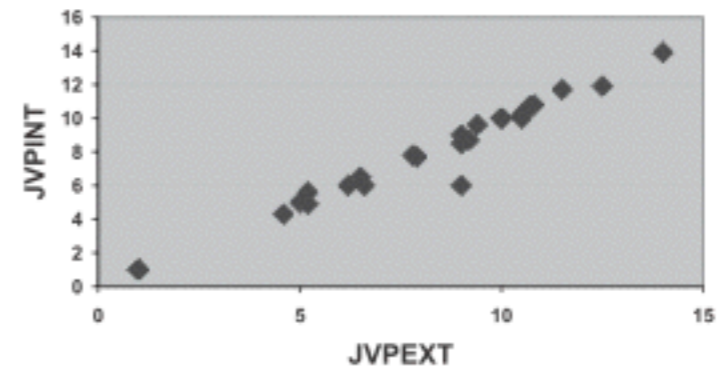
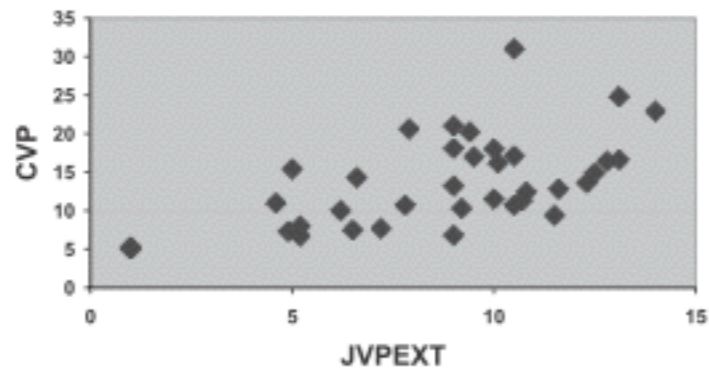
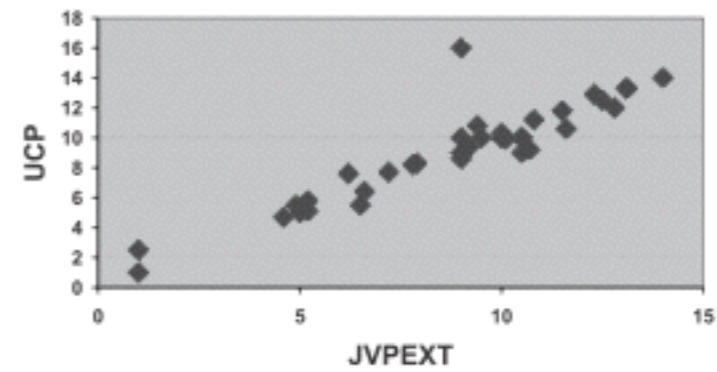
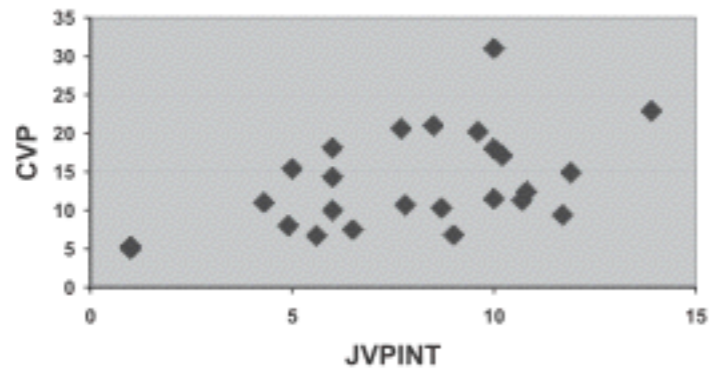
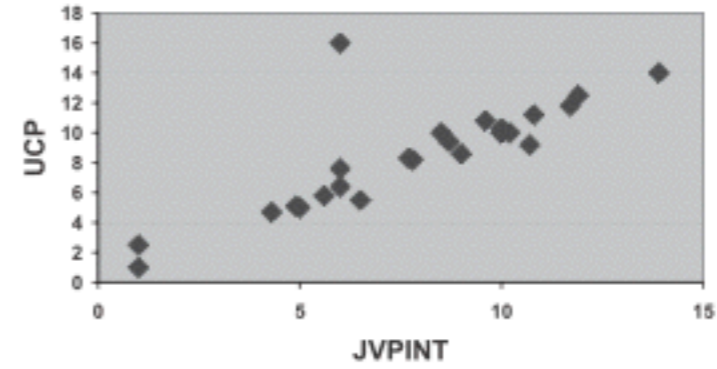
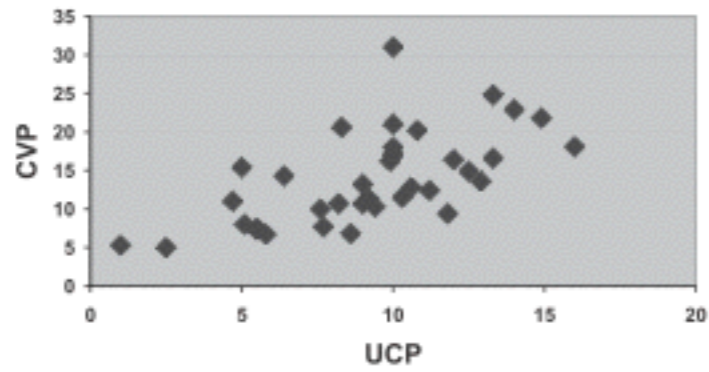
- int jugular vein in long view
- dotted arrow = ant wall of IJ
- solid arrow = point of vein collapse



IJ Collapse and CVP

- Chest 2011;139: 95 - 100
- n = 38 vented and non vented (11) pts in ICU, all with CVC (33 in R IJ)
- compared CVP estimations with visual estimate of JVP (int and ext) and US of IJ with CVC CVP measurement
- IJ identified visually confidently in 26/38
- correlation coefficients of CVP assessed by CVC:
 - US = 0.62
 - visually assessed ext jugular = 0.57
 - visually assessed int jugular = 0.5
- correlation b/w US and visually assessed JVP_{ext} and JVP_{int} = 0.91 and 0.81
- US good for JVP, but JVP underestimates CVP

Evidence



Chest 2011;139: 95 - 100

Correlation between US and visual assessment of JVP with CVC

Evidence

- Am J Emerg Med (2009) 27, 851-855
- n = 34 non-vented, hemodynamically stable
- US of IJ (AP diameter and area) measured at 2cm above clavicle in transverse with head of bed at 0 and 35 degrees
 - measurements done at end inhalation and end exhalation
 - compared to CVC obtained CVP
 - IJ AP diameter w/ head of bed at 0 degrees taken at end exhalation had the best correlation coefficient (0.81)
- for statistical analysis divided into CVP < 10 and CVP >/= 10
 - authors stated w/ CERTAINTY that AP diameter 5.7 - 8.3 indicates a CVP < 10 and diameter 11.2 - 13.8 indicates CVP > 10

Evidence

Am J Emerg Med (2009) 27, 851-855

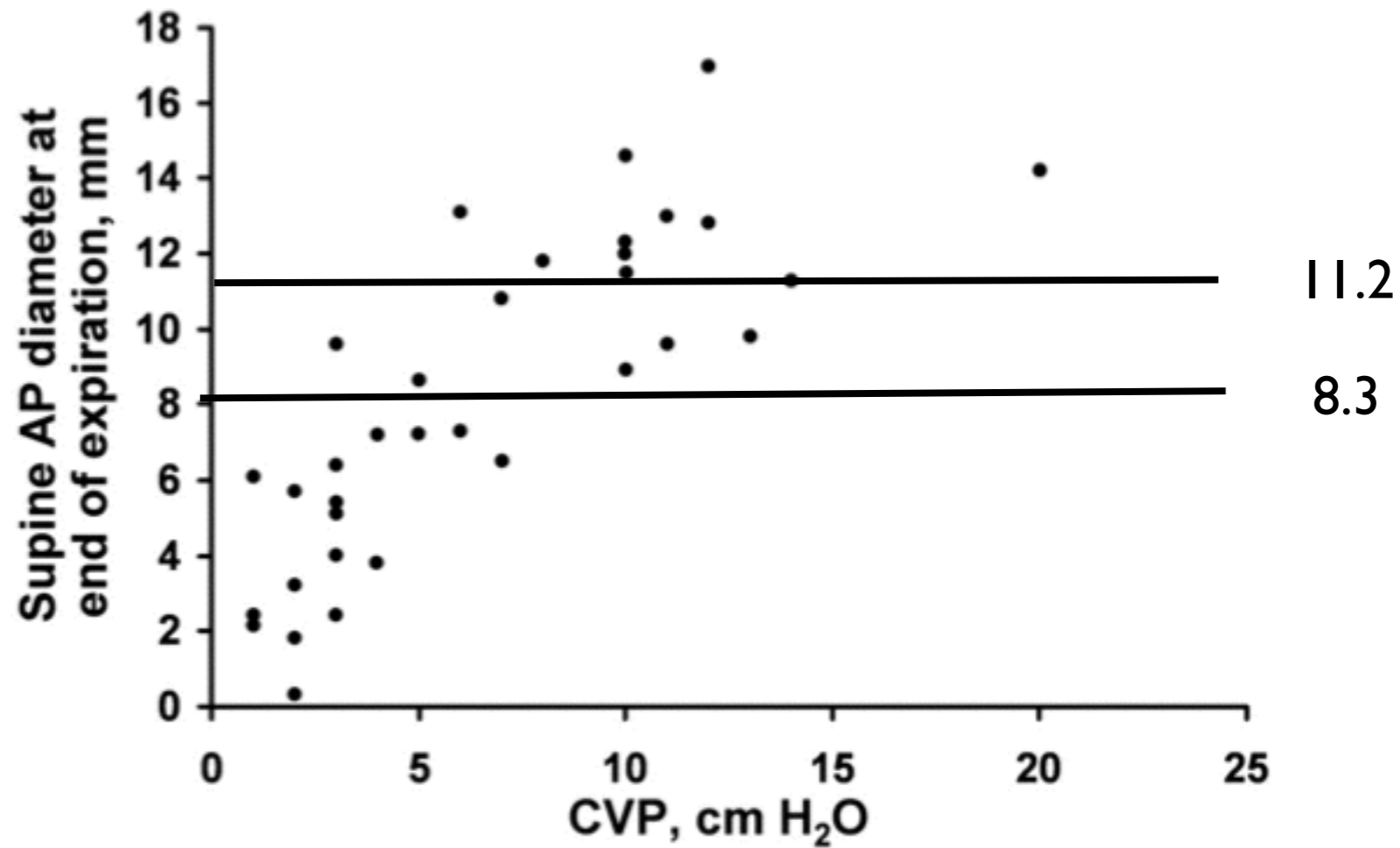


Fig. 2 Comparison of CVP and AP diameter with patient in supine position and at the end of expiration.

Evidence: SOB and Heart Failure

- Am J Emerg Med (2011) 29;1198-1202
- Secondary analysis of previously collected data
- n = 102, w/in 30min presenting to ED w/ 1' or 2' c/o SOB, JVD-US performed in trans or long view
- compared to criterion standard CHF diagnosis based on echo
- Results
 - 68 pts had evidence of CHF on echo
 - all had JVP \geq 8cmH₂O
 - NO pts w/ JVP \leq 8cmH₂O had CHF on echo (NO false -ves)
 - JVP \geq 8cmH₂O had sens 99%, spec 59% for CHF on echo
 - +ve LR = 2.4, -ve LR = 0.01